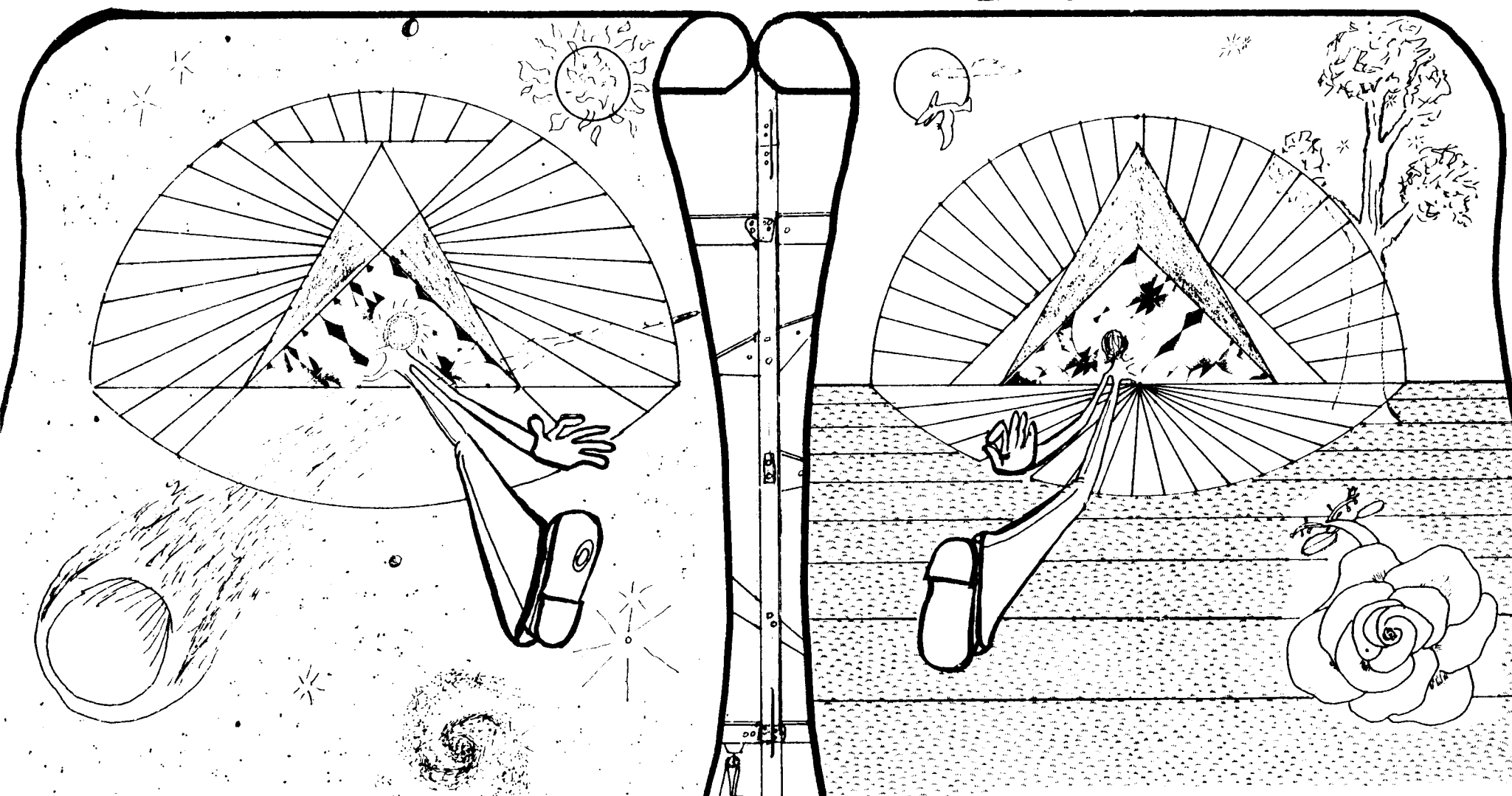




Changing Times



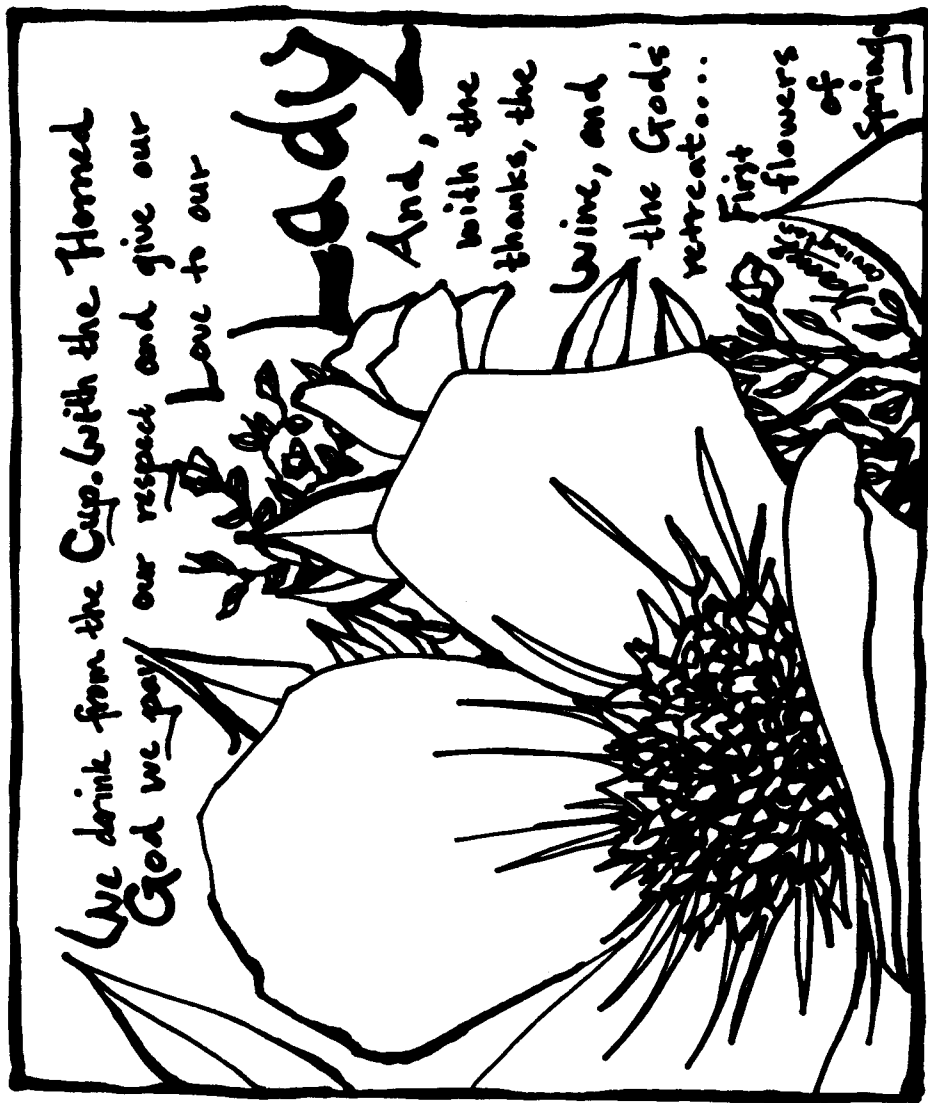
Thanks

Giving

Schubert

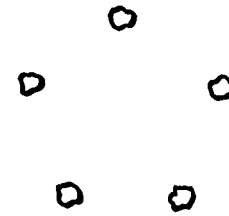
CHAMELEON CLUB

No. 00004



STARBUCK'S PEBBLES

Which
 Is
 Real?



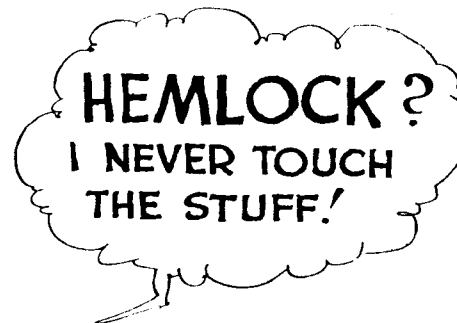
Do these 5 pebbles really form a pentagon?
 Those biased by the Aneristic Illusion would say yes.
 Those biased by the Eristic Illusion would say no.
 Criss-cross them and it is a star.

An Illuminated Mind can see all of these, yet he does not insist that any one is really true, or that none at all is true. Stars, and pentagons, and disorder are all his own creations and he may do with them as he wishes. Indeed, even so the concept of number 5.

Can you chart
 the COURSE
 to
 Captain
 Valentine's
 SWEETHEART?

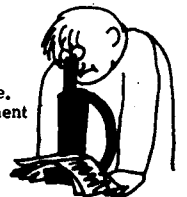
The real reality is there, but everything you KNOW about "it" is in your mind and yours to do with as you like. Conceptualization is art, and YOU ARE THE ARTIST.

Convictions cause convicts.



00054

When I was 8 or 9 years old, I acquired a split beaver magazine. You can imagine my disappointment when, upon examination of the photos with a microscope, I found that all I could see was dots.



7. Never write in pencil unless you are on a train or sick in bed.

HERBS THAT HEAL * GOLDENSEAL
Hydrastis Canadensis

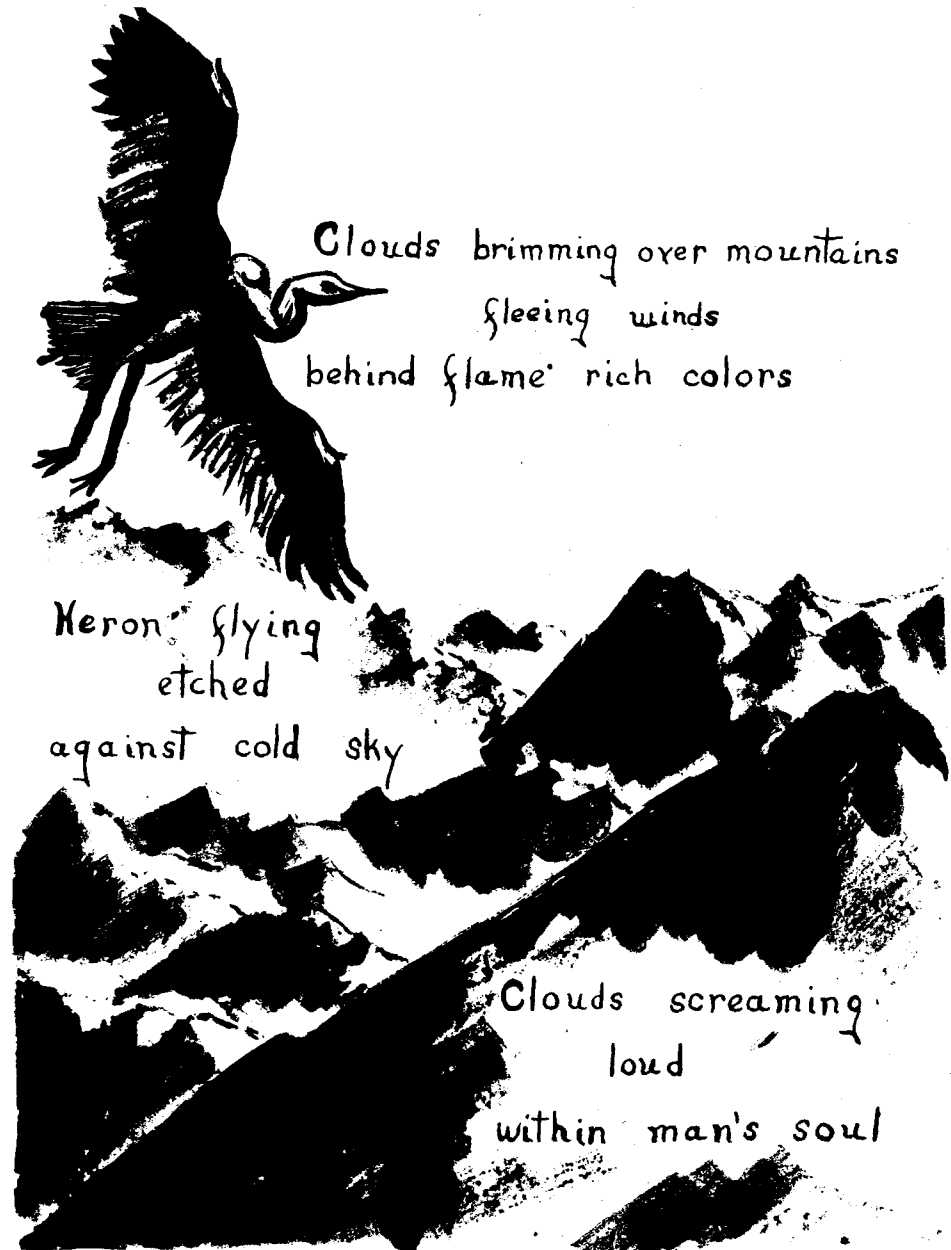
Certainly herbs have been used for many purposes through countless millenia of human history. The vast majority of human nutriment has been obtained by gathering (as opposed to hunting) and the lore concerning the properties of various plants was handed from mother to daughter and shaman to successor. Some plants were used for dyeing, others for tanning hides that were removed from the occasional animal the hunting groups managed to bring home. Some plants were able to stun fish or repel insects, or poison game (or enemies - see Italy/Borgias, Amazon dart poison). Some plants were found to induce sleep, ease pain, remove fatigue, give visions. But the plants that were most often used (aside from daily diet) were the healing herbs.

Goldenseal is indigenous to North America, and has long been revered as a valuable gift of the earth by Native Americans. Its brilliant yellow color makes for an excellent dye, and its healing powers are truly phenomenal. It is also used internally to stimulate appetite, purify the blood and liver, tone up the G.I. tract, clear up the lungs, heal mouth sores and inflamed tonsils, ease nausea due to pregnancy, and is also a tonic for "ailing organs," for men and women both. Externally it can be used for an excellent eyewash, any inflammations or infections (such as sties, boils, ringworm), wounds or rashes.

The root of the goldenseal plant (*hydrastis canadensis*, ranunculaceae) contains three major alkaloids: hydrastine, berberine and canadine (some of these structurally resemble the opium alkaloid papaverine). These physiologically active compounds are very powerful healing agents, but exceedingly large internal doses (over 1 teaspoon) can be toxic. Since relatively small amounts are effective, large doses are usually unnecessary.

For cuts and scrapes in the skin, just directly apply the powder (it helps stop the bleeding and accelerates the healing process.) But a tincture or tea is often easier to apply and can be used for a variety of other ailments. The tincture is an alcohol extraction of the root, whereas the tea is a hot water extract. Filter out the solid powder, and you will have a beautiful yellow liquid. If you wish to store the tea for future use, refrigerate; the tincture will keep on the shelf. A few drops of the extract added to a glass of water makes a bitter tonic, an excellent gargle/rinse for sore throat, tooth extractions, and cold sores. When applied full strength to sties, the infection clears up within three days; diluted, the tea makes a soothing, healing eyewash (Until recently, Murine, an over-the-counter soothing eyewash, was yellow containing berberine and half-a-dozen preservatives), and, of course, the tea can be drunk in moderation as a bitter tonic, or the powdered root can be encapsulated (often with other herbs to buffer). Adding powdered goldenseal to a balm with a natural base (such as beeswax, to soak into the skin) is an excellent way to medicate chapped lips and hands, and help promote healing of physically damaged skin with less scar tissue.

continued on page 18



Clouds brimming over mountains
fleeing winds
behind flame rich colors

Heron flying
etched
against cold sky

Clouds screaming
loud
within man's soul

STARWOOD NETWORK OF ALTERNATIVE PUBLICATIONS

At the Starwood gathering this summer, five periodicals declared the need for a connecting network: there were Harvest of Boston, Circle Network News of Madison, Synergy of Kalamazoo, Changes Journal of State College, Pa., and Changeling Times of Cleveland. These are publications of very different character, though all generally deal with New Age ideas. In the next issues of the Changeling Times, we will introduce each of these.

Together, S.N.A.P. intends to offer some overviews of other alternative publications, possibly through a joint issue, create a national advertising vehicle for artisans and others appropriate to our audience, and offer some joint subscription rates to increase exposure to some of these publications.

We welcome inquiries and comments from possible subscribers, advertisers and other publications.

Harvest is a Craft and Arts quarterly published in greater Boston in an 8½ x 11 format. For Art, Harvest contains drawing, stories, poetry and songs.

For Craft, every issue has informative and instructive articles dealing with ritual or mythology related to the corresponding seasonal sabbats.

In addition, this "Sirius Journal of Philosophical Meditating" has initiated a between-issues publication called the "Sirius Conspiracy News."

Subscriptions are available, and more information can be found in the Harvest ad elsewhere in the Changeling Times.

(Yet another branch of the Whole Earth Aquarian Conspiracy).



Cumbacha

ERISIAN MAGIC RITUAL - THE TURKEY CURSE

Revealed by the Apostle Dr. Van Van Mojo as a specific counter to the evil Curse of Greyface, The TURKEY CURSE is here passed on to Erisians everywhere for their just protection.

The Turkey Curse works. It is firmly grounded on the fact that Greyface and his followers absolutely require an aneristic setting to function and that a timely introduction of eristic vibrations will neutralize their foundation. The Turkey Curse is designed solely to counteract negative aneristic vibes and if introduced into a neutral or positive aneristic setting (like a poet working out word rhythms) it will prove harmless, or at worst, simply annoying. It is not designed for use against negative eristic vibes, although it can be used as an eristic vehicle to introduce positive vibes into a misguided eristic setting. In this instance, it would be the responsibility of the Erisian Magician to manufacture the positive vibrations if results are to be achieved. CAUTION - all magic is powerful and requires courage and integrity on the part of the magician. This ritual, if misused, can backfire. Positive motivation is essential for self-protection.

TO PERFORM THE TURKEY CURSE:

Take a foot stance as if you were John L. Sullivan preparing for fisticuffs. Face the particular grey-face you wish to short-circuit, or towards the direction of the negative aneristic vibration that you wish to neutralize. Begin waving your arms in any elaborate manner and make motions with your hands as though you were Mandrake feeling up a sexy giantess. Chant, loudly and clearly:

GOBBLE, GOBBLE, GOBBLE, GOBBLE, GOBBLE!

The results will be instantly apparent.



00064

ECLIPSE

(Inspired by Starwood)

Full Moon dancin' in the sky.
Swirlin' her robes - ridin' high.
Waiting for her lover to come and take her.
Waiting for the power to rise and make her free.

I feel her pulling on me. Stretching
me thin as the wisps of the fog. Dropping
on me like the dew.

Power drifting on the waves of the evening's heat;
in the mist that fills the valleys and shrouds the lake.
Fireflies lighting the way for the gods.
Birds stilled - waiting.

Slowly, it fills the air. Unseen, only felt.
The wax and the wane to come. Calling me,
commanding me. Entering my mind, body and spirit
Whether I will or not.

You come to me then.
There is lust in your voice, want in your eyes.
You ask for your moment; I cannot grant the wish.
I am bound by chains stronger than you willing.
I am filled with desires you cannot meet.
I wish for nothing; yet long for all.

There is Another that I must meet.

You wait. My place is ready beside you.
but I cannot rest - not yet. Another
waits down by the lake
deep in the forests
laughing in the fields.
I am his and I must go to him. The dance
is formed and I follow the steps of the spiral.

Do you wait for me? Or do I end the night alone
again?
And so I leave you. The pipes are playing - my
voice belongs to the harmony. And so I
listen by the lake and watch in the woods.
I cannot stop it
so must it be.

At dawn, I return.
I have danced and sung,

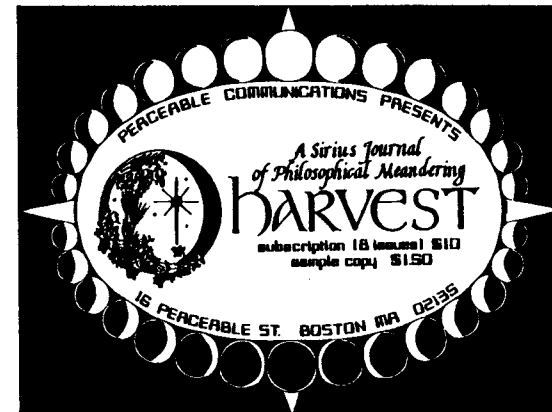
lit the fire,
drank the wine. I am weary.
I would have you, now my duty is done.
But you have grown weary, too. You have left
to find another to warm you. You hold
another in your arms.

Again I go, out into the fields.
The sun gleams through tracks of self-pity.
I sorrow for what might have been,
But I cannot regret.

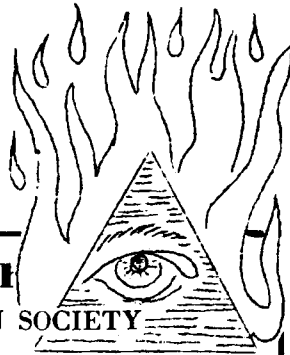
They call me and I must
Answer to them before I can to you.
You may not understand - I scarcely do
myself.
But the dawn gives way to another day.
The horns become the trees the pipes become
the birdsong the eyes the new-born clouds
on the horizon.
The dance is ended

For now
I must sleep.

--- V. Ganger



OFFICIAL
DISCORDIAN SOCIETY
HAIL ERIS



Application For Membership

In the Erisian Movement of the DISCORDIAN SOCIETY

1. Today's date _____ Yesterday's date _____
2. Purpose of this application: --membership in: a. Legion of Dynamic Discord b. POEE c. Bavarian Illuminati d. All of the above e. None of the above f. Other--be specific!
3. Name _____ Holy Name _____
Address _____
If temporary, also give an address from which mail can be forwarded _____
4. Description: Born: yes no Eyes: 2 other Height: _____fl. oz. Last time you had a haircut: _____ Reason: _____ Race: horse human I. Q.: 150-200 200-250 250-300 over 300
5. History: Education - highest grade completed 1 2 3 4 5 6 over 6th Professional: On another ream of paper list every job since 1937 from which you have been fired. Medical: On a separate sheet labeled "confidential," list all major psychotic episodes experienced within the last 24 hours
6. Sneaky questions to establish personality traits
I would rather a. live in an outhouse b. play in a rock group c. eat caterpillars. I wear obscene tattoos because
I have ceased raping little children yes no -- reason
7. SELF-PORTRAIT

SENDER WAITING
ANSWER BY WIFE

LICK HERE!
●
(You may be one of the lucky 25)

Rev. Mungo
For Office Use Only- acc. rej. burned

00023

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Books, books, books, books, and more books!

NOW!! At fantastically reduced prices...Tremendous savings-- one fourth, one third, one half and more! Yes, Friends, now YOU can buy all of those monumental works of anarchis literature. The near-venerable author of these masterpeices, Steven Kosciuk, is going out of business as an anarchist due to capitalist inflation, but because of this tragic incident you can have this once-in-a-lifetime chance to collect all, or any part of these..."LANDMARKS OF LITERATURE"...at amazingly reduced prices. This is one opportunity you can't miss. These works will double or even triple in value.

Heading the list of savings is the book that started it all for Steve; his handbook How to Establish an Anarchy in Your Hometown to Win Friends and Influence People. What makes this book so great you say? The answer is simple: because it relates to the people. That is its great message--power to the people--truly a book of the heart. Herein Steve expounds his Four Pillars of Truth and also his Eight Monoliths of Wisdom and Scientific Reasoning.

In addition to this "piece de resistance" all of these greats are also available: The Scientists and Visionaries Guide to Creative Anarchy for Fun and Profit, a must for every laboratory and seance; Anarchy and the Borgeosie, a middle class favorite; Better Grooming Through Anarchy, an unusual report on the effect of anarchy on personal health habits; Anarchy and You, a personal, intimate view of anarchy and your sex life, including both homo- and hetero-sexual viewpoints.

Though his academic works are formidable, his fame rests on these: An Aunt and Anarchy, a boy finds truth and happiness through his aunt, an anarchist. Anecdote of an Anarchist, the story of Steve's world travels, in short story form. Leaves of Anarchy, a collection of his best poetry. If you buy any of these autographed editions, you receive FREE Arnold, a novlette of a dream and a man with enough courage to envision it.

RECORD AND CAR STEREO TAPE SALE-- Hear Mr. Kosciuk read exerppts of his poetry novels, and handbook. Hear LIVE the famous Address of the American Anarchist, Anarchal Disobedience, and the Harvard Existential School Address. If you order now, you will receive, FREE, the author's Anarchy Memorial album, a stereophonic compilation of the great thoughts of anarchy, past and present. So hurry and buy now. THIS IS THE BARGAIN OF THE CENTURY!!!!

For further details, consult your local chapter of Anarchist Segments of Society.

CHANGE IS STABILITY

(It's Cabbalistic!)

How can the world of possible futures (represented by Yesod on the Tree of Life, the Moon in Hermetics, the Astral Plane in Parapsychology) be the "firm foundation", it's continuous fluctuation not withstanding? easy!

Change is the all pervasive law and power of Nature. That which accords with it is stable. That is, a thing may retain its characteristics upon the condition that harmonious changeability is one of them.

The unsolid, easily changeable future (Yesod, the Astral) is not shuddered or ravaged by the forces of change which permeate it, but when similar forces of all pervasive change strike the "solid" present (Malkuth on the Tree of Life, Earth in Hermetics, the Physical World) it is violently shuddered and thoroughly ravaged. Its lack of changeability makes it unstable with comparison to Yesod.

To be an easily changeable Human Being is to be a stable Human Being. This is not to be confused with being a "stable" pacifist, feminist, vegetarian, heterosexual or Republican.

A Human Being, failing to be stable, that is, to change as Nature requires, may well remain "stable" as to his politics, his diet, and the rest, but at the expense of the only real stability he has, that of the thing he really is: a Human Being (through any of the myriad processes which degenerate inflexible things).

He has forfeited true stability in favor of one or more of the "shells" or "apes" of the same such as "conviction," "tradition," "loyalty" to the "cause" or "consistent point of view."

NeXuS

'Tis an ill wind that blows no minds.

Principia Discordia

T. Grothus, S. Kosciuk by permission of "HUH?"

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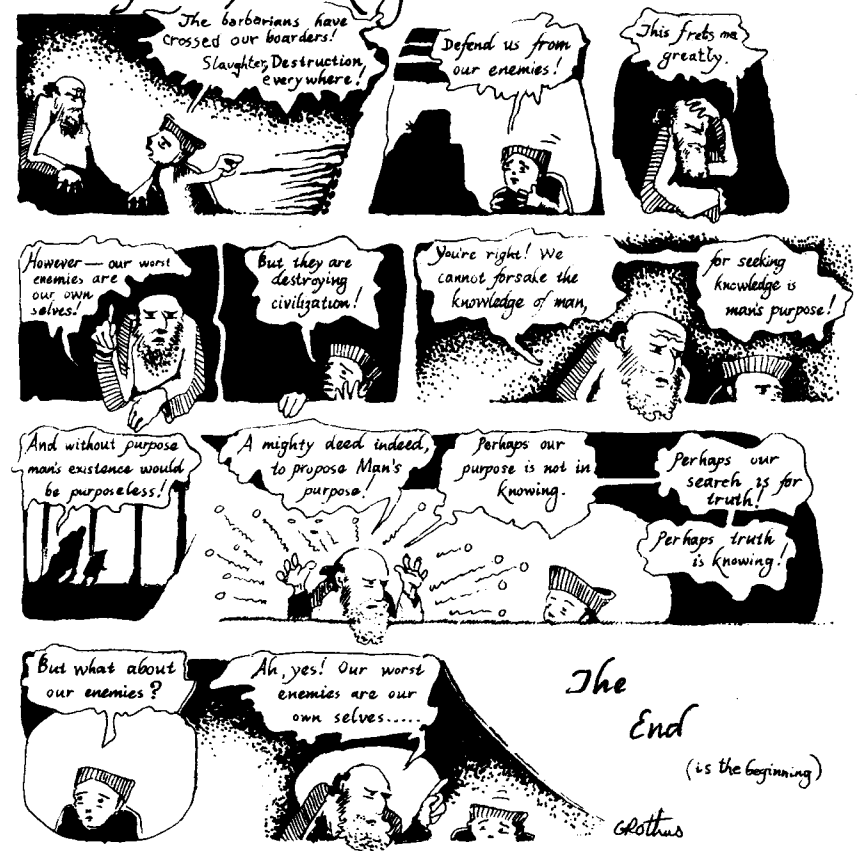
The Changeling Times is a quarterly publication devoted to expanding the frontiers of your consideration.

C. C. Rosencomet would like to thank all those who toiled and contributed to this issue.

Back issues are available at \$1 apiece. Contributions and subscriber inquiries gleefully accepted.

Please give us feedback: Changeling Times, c/o C. C., P.O. Box 174, Perry, Ohio 44081.

"The Philosopher King"



I'm going to place my face
Right through that triangle door
'Til I can move right on through
Instead of just standing here....

Jefferson Starship
Dragonfly

CHAMELEON CLUB PRESENTS:



Noanain,
Daay Of The
Mamo

Cassette and Songbook

VICTORIA GANGER

Chameleon Victoria Ganger has long been a member of the Society for Creative Anachronism (S.C.A.), a nationwide medieval group. She is known for her music (as well as for her propensity to party beyond all reasonable limits!) in both medieval and pagan circles, and has performed professionally in both the Cleveland and Athens, Ohio, areas.

Accompanied and assisted by fellow Chameleons on this one-hour cassette of 16 original songs, Victoria has created a unique blend of medieval imagery and contemporary music and energy - to sing you tales of dragons, unicorns, fair (but dangerous) maidens, valiant warriors and, of course, feasting, drinking and general revelry. Although originally produced for the S.C.A., this tape is for all those who would have their fantasy, and their reality, too. A one-of-a-kind collector's item - available only through the Chameleon Club.

S.C.A. Cassette Tape	\$ 8.00 (postage included)
S.C.A. Songbook	\$ 2.50 (postage included)
Tape & Book	\$10.00 (postage included)

Make checks payable to: Victoria Ganger. Allow 3-4 weeks for delivery.

HOW TO GET THERE
(BUT WHERE ARE WE GOING?)

by Joyce Levin

A close encounter with a family of Jehovah's Witnesses....
"Do you agree that the world is on a destructive course?"
"Yes," I answered.
"...and do you know why...and what to do about it?"

This launched me off into a discussion about the energies around us, and that the best we could do was to be aware of these energies and their directions, and manipulate our paths to correspond.

The Witnesses were thrilled at my response, and queried if I read THE BIBLE. Much to their dismay, I told them that they didn't need THE BIBLE...the answers are in your head, and all you need to do is ask the questions.

The trip the world is on now is moving at a rapidly destructive pace, and we need to find the root of the problems and possible solutions within our reach. As cited above, the Witnesses turn to THE BIBLE; I prefer Tarot -- a pictorial view -- a method passed down through the ages, modified and re-vamped with each designer, yet the symbols are still there. The story remains the same. Tarot has lessons to teach with each card. Meditation and study are the deys to the secrets. Meditation brings a person into his higher self (the one that knows what's going on), and in that relaxed state, secrets are revealed. "But how do we know what these visions mean?" Well, we've got a whole lifetime to figure them out!

Living and being observant are wonderful methods to learn to "go with the flow" and find the energies. Little portents are laid in your path, but many (if not most) are passed by unnoticed.

For example, a person may be driving along when somebody fakes left and turns right in front of him. This angers the driver momentarily, but he continues on and doesn't give it a second thought. Later that night, he finds himself in a hospital because he'd spaced out and run his car off an embankment. Some one who has made himself aware of those aforementioned portents may have thought twice about the driver earlier in the day who'd cut him off, and taken that as a warning to keep it together on the road lest he run into worse trouble farther on down the line. In other works, it's like figuring out the mystery before it's played itself out.

If one is atuned, music can be another method of finding and following the path. So many people just don't understand it, though. Music is a way to express one's own powers and to promote positive energies amongst those who listen. Need I mention the Grateful Dead? Or John Lennon?

We were all given the powers to use, and there are many "manuals" to discover what's within and around us. Life goes on within and without us, but if people could be aware of their powers and use them, the trip wouldn't have to get rougher. We're all in this together, and as Rundgren says, "It's the road to Utopia."

Blessed Be!

Herbs that heal - Goldenseal (cont. from page 6)

It should be remembered that any germ-killer used internally might affect the balance of beneficial bacteria in the colon, and an addition of natural yoghurt to the diet after any large internal use is advisable.

The availability of herbs like goldenseal to the general public is aided by the existence of organizations such as the Church of the Tree of Life, a non-sectarian, non-dogmatic organization dedicated to the expansion of awareness. They have declared that all non-controlled substances are sacraments of the church, thus protected by the bill of rights. For more information of this group, write 415 Columbus Ave., San Francisco, CA 94133.

Other references:

The Book of Sacraments of the Church of the Tree of Life
Earth Medicine, Earth Foods by Michael A. Weiner
The Merck Index, 8th Edition

poets on their birthdays

poets on their birthdays
go to the office
dressed in jeans and tees
just like every day
punch the clock
at 8 & 4
just like every day
get pushed around
the filing drawers
in & out of alphabets
up & down
the telephones
just like every day

poets on their birthdays
after working go
to buy themselves
a treat
spanish olives
green & red
rocky road ice cream
they send themselves
a funny card
wish themselves
a birthday cake
a party place
all just like every day

Diane Stein

Chameleon Club presents:

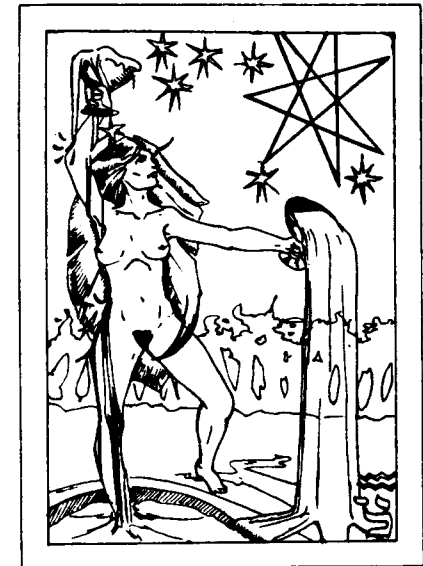
DARK HORSE TAROT

The Dark Horse Tarot is an attempt to create a tarot which draws on Celtic traditions while preserving the Golden Dawn symbolism and interpretations. In addition, two alternative cards are provided: an Eris trump and "Jive" death.

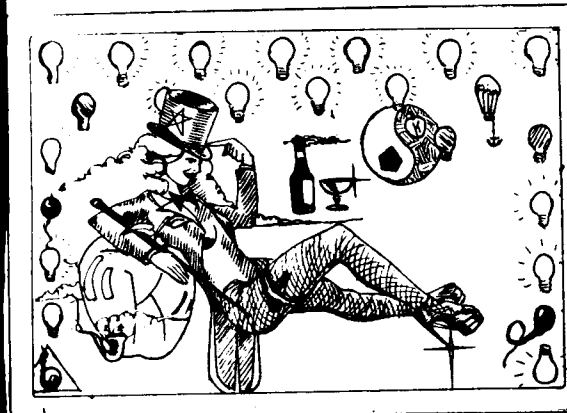
The deck is to be colored and covered by the owner: instructions and a cut-out-paste-together box are provided. Felt-tips or watercolor and scissors will complete the deck - plastic will preserve them.

We will be happy to send these additions to persons who purchased the deck before the boxes and coloring instructions were available. Please let us know a name and address, and where you purchased the deck.

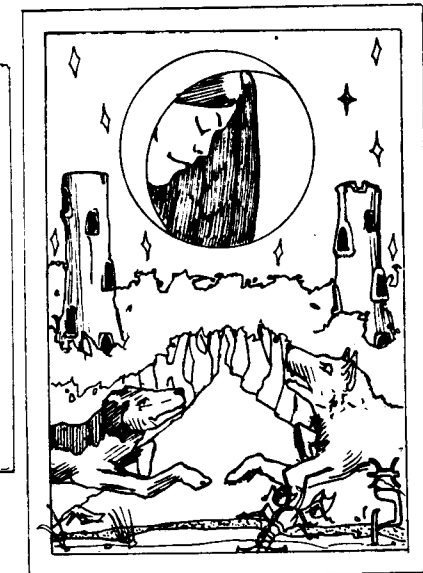
The designers, Chameleons J. Wyndham and D. Stool have expressed on each card a proper emblem of the zodiacal sign, planet, or element associated with it. It is our hope that users will be able to put the deck to good use in both study and divination, and also as an incredibly enjoyable coloring project!



THE STAR



ERIS



THE MOON

The tarot deck cost is \$7 ; the decks are available at Manifestations and Coventry Books in Cleveland, or by mail order from the Chameleon Club.