

Quest

The ACE Newsletter No.4 Spring 1986



ACE

THE ASSOCIATION FOR CONTEMPORARY DRAMA

1643 Lee Rd. #9
Cleveland, Oh. 44118



Well, here we are with another issue of Quest, and uncharacteristically early, too. Unfortunately, it is all too characteristically late as an ad for the next event, the MusicStar Magickal Musical Festival.

So, before we go any further, I'd like you all to get up. Yes, get up out of your chair right now and go to your phone and call collect (if you wish) and tell us that you will be attending! This promises to be a very enjoyable event, one which will complete the quartet of seasonal events we've always planned; with Starwood, Winterstar, Opening Inner

Doorways, and MusicStar we have the whole wheel of the year!

This brings me to a bit of bad news. As of this moment, we have not found a suitable location for the Starwood Festival to replace the high-irreplaceable Devil's Den Park site where we have enjoyed the last four years of fun and frolic. Unless something breaks soon, there may not be a Starwood Festival this year. If anyone out there can help us find a site, please contact us right away!

Other news around A.C.E. includes a line of tapes which we will be accepting orders for as of the time you receive this issue. They include recorded workshops from the 1986 Winterstar Symposium, a Starwood Music tape including performances recorded live at past events with Ian Corrigan, Moira Kyteler, Victoria Ganger, John Bassette, Jim Alan, Selena Fox, Mary Alice White, Pasha Paynim, and Prudence Priest, and a few items offered on both audio and video tape including lectures by Robert Anton Wilson, Isaac Bonewits, Ian Corrigan, Joseph Rothenberg, and a panel discussion on the Magickal Movement with Robert Anton Wilson, Margot Adler, Selena Fox, and Isaac Bonewits.

Our new expanded selection of course offerings is included in this issue, with the addition of the Video Institute. This is an opportunity to view the above videotapes at the A.C.E. facility, along with other tapes and films available to the A.C.E. research library, such as Nevill Drury's tape on the practise of Magick around the world, and a film called The Art Of Meditation by Alan Watts. As in the case of the classes and events offered by Cauldronfire Temple, a small donation for the use of A.C.E. facilities will be requested of non-A.C.E. Members.

We are still moving ahead in our efforts to expand our services and to obtain a private piece of land for our events and for other groups to use. The Starwood Land Fund is accepting, nay, pleading for donations and suggestions to this end. Let us never be caught without a festival site again!

That's all for now. Hope to see you all at MusicStar! Will you see me?

C.C. Rosencomet

MusicStar

The MusicStar Magickal Musical Festival will be held from Friday May 16th through Sunday May 18th at Camp Cheerful in North Royalton, Oh. The site is a summer camp owned and operated by the Society for Crippled Children. It features seven cabins with power, a fireplace, and 12-18 half-bunk beds in each, around a brand-new central shower-house. (The cabins are not heated, and bedding is not provided. Bring sleeping bags or sheets and blankets.)

There is a large central "Great-Hall" with heat, bathrooms, a small stage, tables and seating for over 100 people, and a full camp-sized kitchen. The hall has a large fireplace, too, and sleeping on the floor in the hall will be permitted if it gets too cold for the cabins. This is unlikely, though, for mid-May. The grounds are beautiful, with large grassy areas, woods, a small pond, and swings for the kids.

The program will begin on Friday evening with a Welcome-Wagon Jam Session, and a selection of animated films will be shown, including the works of Bruno Bozzetti, Disney Studios, and some Claymation shorts.

Saturday will feature a series of classes on musical subjects, including a multiple-chanting session called Starmony offered by Victoria Ganger, a class on the Bardic Tradition by Ian Corrigan of Cauldronfire Temple, and a Musical Journey to Magickal Places by our very special guest performer and lecturer Jim Alan of Circle. Saturday evening will feature a Medieval-style feast with entertainment during and afterwards, including original music by Jim Alan and circle-dancing taught and led.

Sunday morning will begin with a musical morning attunement: a group "hum", involving a sustained single note sung and played on musical instruments for an least an unbroken hour. Other classes may be offered after that, followed by a brunch. The whole afternoon will feature a partly-participatory concert featuring a variety of styles of music ranging from Blues to Classical Rock.

The registration fee for the event is \$30.00, which includes all classes and overnight facilities. A meal ticket can be reserved for an additional \$15.00 but only in advance. Due to the lateness of this advertising, please call in (collect, if necessary) and reserve your meal ticket. Prior registration is Not necessary for the rest of the event, but would be appreciated. The meal ticket includes a Saturday morning continental breakfast, the Saturday evening feast, and a Sunday late-morning brunch. Those bringing their own food are more than welcome to sit in at the meals. Meals and Reg. are to be paid at the door.

To get to MusicStar, take I-71 to the North Royalton exit. This is the first exit South of the Ohio Turnpike (I-80) on I-71. The exit puts you on Rt. 82. Take Rt. 82 East, and Camp Cheerful will be on your left within the first mile.

Classes and Events

Starting in May, the Association for Consciousness Exploration will be offering a series of classes and events on subjects ranging from Sensory Isolation and other Consciousness Exploration topics to Practical Magick and Wicca. All of these classes are offered at a substantial discount or free to A.C.E. members. More information on most of them can be found elsewhere in this issue of Quest. All programs are at the ACE office except MusicStar.

- Sun. May 11th Study Group (offered by Cauldronfire Temple:
Beginning Shamanism, Mythology, Esoteric Psychology)
- Fri.-Sun. May 16-18 MusicStar Magickal Musical Festival
(Camp Cheerful, North Royalton, Ohio)
- Wed. May 28th Beginning Practical Magick (Ian Corrigan)
- Sun. June 1st Video Institute Open House
- Sun. June 8th Study Group (Shamanism, Mythology, Numerologies)
- Wed. June 11th Video Institute (Isaac Bonewits: The Structure of
Craft Ritual)
- Sun. June 15th Memory Enhancement (Joseph Rothenberg)
- Sat. June 21st Summer Solstice Celebration (Study Group members only
unless arranged with Ian and Moira of Cauldronfire Temple)
- Sat.-Sun. June 28-29 Sensory Isolation and Altered States (Joseph
Rothenberg and Jeff Rosenbaum)
- Wed. July 9th Video Institute (Magick and Para-Psychology:
Ian Corrigan and Joseph Rothenberg)
- Sun. July 13th Mind Games (Joseph Rothenberg and Jeff Rosenbaum)
- Sat. Aug. 9th Starmentation: a Multi-Media Event
- Wed. Aug. 20th Video Institute (The Magickal Movement: Present and
Future with: Margot Adler, Isaac Bonewits, Selena Fox,
and Robert Anton Wilson)

Starmentation

A Multi-Media Experience

Saturday Aug. 9th
Joseph Rothenberg

1643 Lee Rd. Rm. 9
Cleve. Hts., Oh.

This workshop is an example of the multi-media presentations offered at the yearly Starwood Festivals and WinterStar Symposiums. Using techniques culled from such esoteric sources as Shamanic ritual, cinematographic effects, Ken Kesey's "Acid Tests", and participatory percussion music "jamming" Joseph Rothenberg creates an experience of an altered state of consciousness, characterized by a heightened awareness of the mind's ability to be programmed and to program itself. Film, special effects lighting, music, multi-tracked tapes, musical instruments (ours and those brought by participants), and movement are just some of the components used to evoke a very special level of awareness and creativity.

Registration is \$15, or \$10 for ACE members.

Mind Games

The Guide to Inner Space

Sun. July 13th 1-5 PM Fee: \$15/10 to ACE Members

This workshop is partly based on the Masters and Houston book Mind Games, a how-to book of mental exercises for achieving altered states of consciousness without the use of drugs or mysticism. The course will include an overview of the styles and purposes of meditation in many systems, and utilize practical experiences in guided meditation. There will be time set aside for input into planning for future classes on the subject, and attempts to make scheduling convenient for the participants of this first class.

A major influence in these exercises will be the use of the "mind-brain system" of Masters and Houston to improve sensory perception, magnify or accelerate mental processes, and retrieve forgotten or inhibited faculties. In a sense, the mind games are a yoga for the West, one that draws on the latest discoveries about consciousness and about Man's latent capabilities, and shows how these findings can be productively applied. For registration and further info call 932-5421

Memory Enhancement

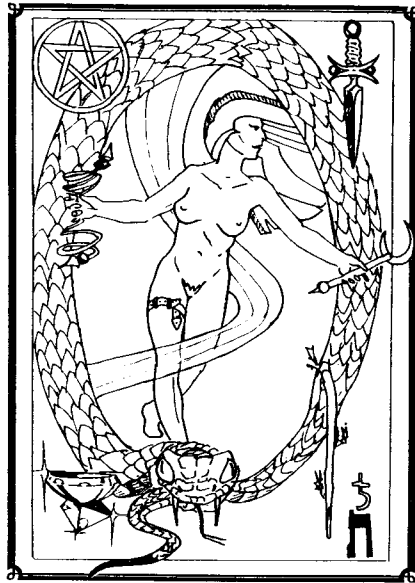
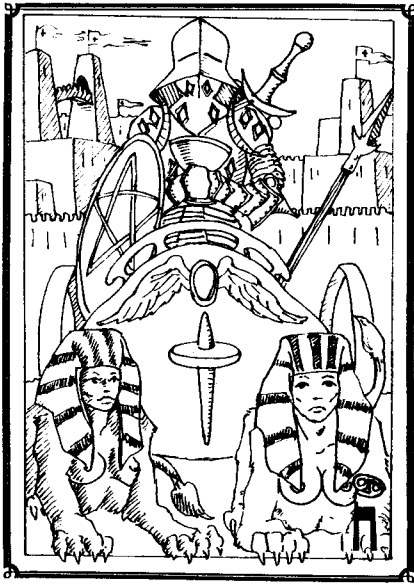
Sunday June 15th 1-5 PM

Fee \$15/10 to ACE Members

For several years Joseph Rothenberg has been instructing student in techniques for the enhancement of memory, and the participants in these classes have usually begun with the same complaints: "I have a terrible memory for names." "I'm good at names but not numbers." "I just don't have as sharp a memory as I used to."

Actually, your memory is incredibly powerful. You've recorded enormous amounts of data: names, dates, experiences, smells, sights, sounds, textures, ... a vast repository of information, and under the right conditions they can come back with crystal clarity. The trick is to gain effective control and access to the most amazing "computer memory banks" known to Man.

Joseph Rothenberg's class on Memory Enhancement teaches efficient methods of learning, memory storage, and access techniques. Through a combination of mnemonics, relaxation, proper learning, and association he can help you store and retrieve information faster, more efficiently, undistorted, and at your own command.

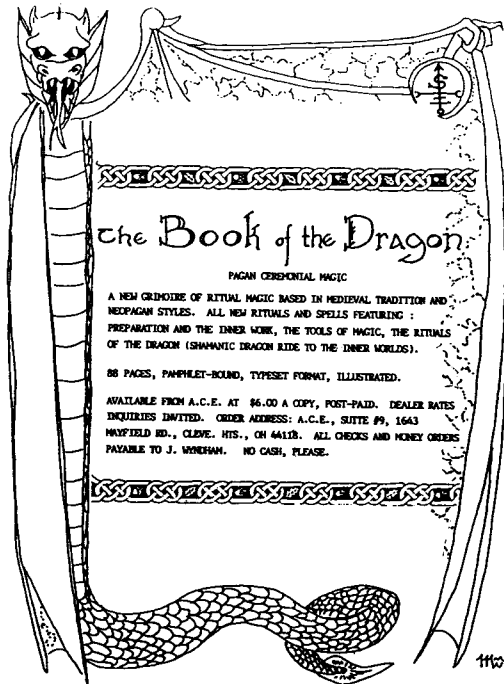


The DARK HORSE TAROT is a deck which draws on the Celtic traditions while preserving the Golden Dawn symbolism and interpretations. In addition to the usual 78 cards, two alternative cards are provided: an Eris trump, and a "Jive" Death trump.

The deck is to be colored by the owner. This NEW printing has new borders, Hebrew lettering and some artwork, and comes pre-cut and boxed. Felt tips or watercolor will complete the deck - plastic will preserve them.

The designers, Chameleons J. Wyndham and D. Stool, have expressed on each card a proper emblem of the zodiacal sign, planet, or element associated with it. It is our hope that users will be able to put the deck to good use in both study and divination, and also as an incredibly enjoyable coloring project!

Tarot deck cost is \$7.95 (includes postage), and is available by mail order from Chameleon Club. For orders and inquiries write: A.C.E. 1643 Lee Rd. #9 Cleve. Hts. Oh. 44118



Beginning Practical Magic

Wed. May 28th at 7:30
Ian Corrigan

1643 Lee Rd. Rm. 9
Cleve. Hts., Oh.

A look at the basic techniques of Spellbinding and the practical side of Ritual Magic. Included are Candle-Magic, the use of color and incense, Runic and Talismanic Magic, and the use of the Four Elements in Magic. The workshop will briefly discuss theory, and will give details of several techniques. This program is hosted by ACE and presented by Cauldronfire Temple. a small donation of \$6.00, or \$3.00 for ACE members, will be requested towards the use of ACE's facilities.

STUDY GROUP

Natural Magick: Earth-Centered Spirituality

Cauldronfire Temple announces an ongoing study group in the religion and magick of Wicca. Wicca is a modern adaptation of principles of natural religion thousands of years old. It offers a life-affirming perspective and practical means for gaining control of your own life. Earth Religion is the religion of the Great Goddess, the Mother and Lover of the World, her Consort/Son. Sun and Moon, Fire and Water, Summer and Winter, the Love-play of the Goddess is the sustenance of Life. Wicca offers the opportunity to be your own Priest/ess of the Gods, free from vast quantities of dogma and heirarchy.

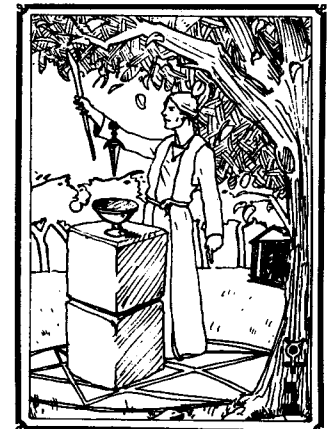
We extend an invitation to learn and experience the Spirituality of Mother Earth. Drawing on the pre-Christian traditions of Europe, tribal religions of the world today, and modern esoteric techniques, we combine meditation and mental training with music, dance, and theatrical ritual. The result is an awareness tuned to the cycles of nature and in touch with the personal power intended for us all.

The study group will meet Sunday after each New Moon. Moira and Ian, the teachers, have 10 years of experience in group teaching and leadership. They are skilled in divination, ritual design, and trance techniques. The group will cover both theory and beliefs and practical applications of the Magick of the Path of Nature. We will meet at the ACE office, and a small fee will be charged to cover site rental.

Goddess-centered, respectful of the Earth, egalitarian and non-dogmatic, the Earth religions offer an alternative to monotheistic religion for modern women and men. Come and see for yourself.

Sunday May 11th and June 8th Donation for site \$2.50
1643 Lee Rd. #9 Cleve. Hts. Oh. For info call: 932-5421

Study group begins at 1:30 until about 4:00 Bring notepad.





Tapes

A.C.E. now offers a selection of tapes, video-tapes, and transcripts of classes offered at past events. Audio-tapes are priced at \$10.00 for single tapes and \$15.00 for two-tape sets. Video-tapes are \$15.00 per tape. (Please specify Beta or VHS format. We cannot be responsible for differences in tracking between our videotape equipment and yours.) ACE members will receive a 20% discount on all orders. Postage is included in this price. Transcripts are \$5.00.

- Starwood Memories Live performances at past Starwood Festivals and WinterStar Symposiums by Ian and Moira, John Bassette, Victoria Ganger, Jim Alan & Selena Fox, Mary Alice White, Prudence Priest, and Pasha Paynim. PLUS: The Mushroom Lunar Eclipse Jam Session Starwood '80
- Margot Adler "From Witch to Witch-Doctor...Healers, Therapists, and Shamans"
- Isaac Bonewits "The Structure of Craft Ritual" also available on video
"Top-Down Liturgical Design: Programming Effective Rituals"
- Ian Corrigan & Joseph Rothenberg "Magick & Parapsychology" also on video
- Selena Fox "Crystal Magick: Ritual Healing With Quartz Crystals"
- Victoria Ganger "Magick and Music: Finding Your Own Personal Magickal Sound"
- Arlen Riley Wilson "'God Told Me To Tell You'...The Dangers of Charisma"
- Robert Anton Wilson "Religion For the Hell of It"
"A Meeting With Robert Anton Wilson" also on video
- Panel Discussion "The Magickal Movement: Present and Future" also on video
Margot Adler, Isaac Bonewits, Selena Fox, Robert Anton Wilson

Video Institute

ACE will be offering a series of viewing sessions for those who wish to see the video-tapes available through our center. These will be held at the ACE office, and will provide an excellent opportunity for those who have missed our events in the past, or who would like to review a past class. We will also show films available through other sources, such as the fine local county library's collection of 16mm films and tapes on loan from the collections of affiliated groups such as Circle.

The first program will be an Open House, from 2PM on Sunday June 1st, when we will show several of the tapes available to us, including some surprises. The fee for this program will be \$8.00, or free to ACE members.

The next three classes will have a charge of \$4.00, or free to ACE Members, and will start at 7:30. See the schedule elsewhere in this issue for more info.

Bio-Feedback Meditation

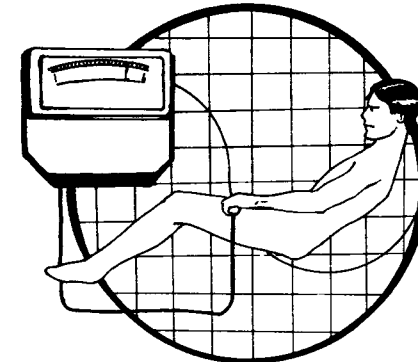
Meditation is an art and a technique of control over one's mind and its relationship to the body. Through meditation, an individual can learn to focus his awareness on a particular idea or an internal process, and thereby use the inherent ability of his mind to identify and control tension, stress, and pain, and even to achieve altered states of consciousness.

Stress, they say, is one of the prices we pay for our busy, active, constantly changing lifestyles. Stress has many causes, both physical and emotional, and the mind and body store stress-produced tension built up over time in a variety of ways. Aching muscles, reduced resistance to disease, physical and emotional anxiety, nervousness, adverse skin conditions, insomnia, and a host of other ills can be caused or aggravated by stress. Compulsive habits, such as chain smoking and over-eating, can also be stress-related.

Coupled with the science of bio-feedback, the art of meditation is an excellent time-tested method of controlling stress. By monitoring the body's success at achieving the desired results of relaxation and internal process control, one can learn to effectively use meditation to aid your mind's ability to change the conditions of the body and aid healing in a fraction of the time needed for meditation training alone. Furthermore, the deep states of relaxation attained during meditation provide an excellent opportunity for self examination and consciousness exploration. Once the training is complete, the bio-feedback devices are no longer necessary.

Joseph Rothenberg, co-Director of the Association for Consciousness Exploration, has been working professionally in the field of mental health for over seven years, and has taught classes and held personal sessions in Memory Enhancement, Bio-Feedback, Meditation, and Stress Management. He is available for personal counselling and aid in these and related fields. His fees are \$25.00 per hour session, \$15.00 for ACE Members. For more information and to set up an appointment call 932-5421.

THE ASSOCIATION FOR CONSCIOUSNESS EXPLORATION
1643 Lee Rd. No. 9 Cleveland Heights, Ohio 44118
932-5421



ACE

The Association for Consciousness Exploration is an organization dedicated to the study of the many realms of the mind, and the promotion of these studies on the part of others. We consider the fields of Psychology, Magick, healing, meditation, stress management, mnemonics, Shamanism, Meta-physics, and Quantum Mechanics to be inter-related and, if properly balanced, to possess the potential for a synergistic relationship resulting in advances in our understanding of ourselves and our universe far beyond the potential of the individual sciences.

ACE offers a Membership Card for \$40.00/yr. which provides significant discounts on all our activities and services, including our classes, lectures, and seminars, the use of our bio-feedback and sensory isolation and controlled sensory stimulation equipment, and our library of reference books, periodicals, and videotapes. We also have audio-visual equipment for viewing tapes, 16mm film, audio-tape players, and our personell are available for information, advice, and counselling. For further information contact:

THE ASSOCIATION FOR CONSCIOUSNESS EXPLORATION
1643 Lee Rd. No.9 Cleveland Heights, Ohio 44116
932-5421

Sensory Isolation and Altered States

The Sensory Isolation Tank has been called the most important research tool since the microscope. By isolating the subject from all sensory input; light, sound, temperature change, touch, even the sensation of gravity's effects, consciousness turns inward to examine itself while both the brain and mind achieves the most profound relaxation possible.

This program is offered exclusively by the Association for Consciousness Exploration. We provide an opportunity to experience our Sensory Isolation Tank in a secure environment. The enrollment fee includes four workshops designed to optimize this unique individual experience, held at the ACE office at 1643 Lee Rd. #9, and a one-hour floatation session at our tank facility with shower, dressing room, and complete privacy, less than a block away in a private residence.

Saturday June 28th 11 AM - 1 PM FLOATATION TIME

1:30-3:00 PM Workshop: Imagination and Creativity

3:15-4:45 PM Workshop: The Process and Technique of
Meditation

5:00-10:00 PM FLOATATION TIME

Sunday June 29th 11 AM - 1 PM FLOATATION TIME

1:30-3:00 PM Workshop: Stress, Relaxation, and Health:
a Practical Approach

3:00-8:00 PM FLOATATION TIME

REGISTRATION FEE: \$35.00 or \$20.00 A.C.E. Members



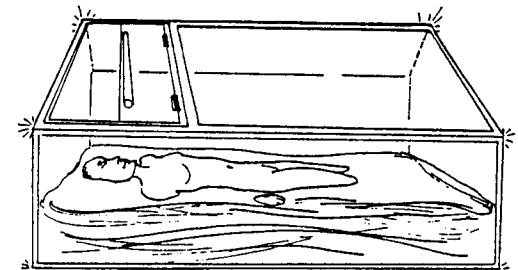
The STARWOOD LECTURE AGENCY can provide your organization with a wide variety of speakers and entertainers whose presentations relate to the fields of relaxation, healing, Magick, and consciousness exploration. We can arrange tours, provide advice in the promotion of an event, handle all travel arrangements, and generally help make your easy and successful. Our roster of presentors includes:

ROBERT ANTON WILSON JOSEPH ROTHENBERG IAN CORRIGAN MOIRA KYTELER
AMYLEE ISAAC BONEWITS WILLIAM CARL EICHMAN MAGGIE CROSBY
JEFF ROSENBAUM SELENA FOX ROBERT SHEA JOHN BASSETTE LINDA FLORIST
MARGOT ADLER MARTIN LAUBACH MOONSTAR ARLEN RILEY WILSON JIM ALAN
STANLEY KRIPNER VICTORIA GANGER SALLY EATON AND MANY MANY MORE!

GET TANKED

at

ACE



In the dark, warm silence of the A.C.E. Floatation Tank, deeply relaxed states of mind and body come naturally. Even for those unfamiliar with meditation, the conditions of sensory isolation and simulated weightlessness can be the key to deeper relaxation, an aid to the management of daily stress, and an opportunity for new self-exploration.

Individual Float Sessions
available by appointment at

\$20 first hour, \$10 per additional

hour in same session. ½ off for ACE Members. Call 932-5421 to schedule time.